

# BREAKFAST

@Chappy's  
DELI  
SINCE 1989

## EGGS & OMELETS

Served with Toast, Butter, Jelly, and Grits  
(add Bacon, Sausage, or Turkey Sausage for 1.30)



Three Country Fresh Eggs

### COUNTRY FRESH EGGS

Fresh cracked Grade 'A' large eggs served any style and made to order.

Two Eggs 3.75 Three Eggs 4.25  
Four Eggs 4.75

### CHEESE OMELET

Two Grade 'A' hand-whipped fresh eggs gently folded with melted American cheese. 4.25

### NEW! OMELET MARGHERITA

Three Grade 'A' fresh eggs with low-fat mozzarella cheese, roasted red peppers, black olives, sun dried tomatoes & fresh basil. 5.65

### WESTERN OMELET

Three hand-whipped fresh eggs stuffed with ham, American cheese, green peppers, diced tomatoes & onions. 5.25

### HAM (OR SAUSAGE) & CHEESE OMELET

Two Grade 'A' hand-whipped fresh eggs stuffed *your choice* of ham or sausage and American cheese. 4.75

### NEW! FAJITA OMELET

Three hand blended fresh eggs with spicy fajita chicken, pepper jack cheese, diced tomatoes, sautéed green peppers and onions. 6.45

### NEW! STEAK, EGG, & CHEESE OMELET

Three hand whisked fresh eggs filled with thin sliced grilled sirloin steak, golden hashbrowns, sautéed bell peppers and onions with pepper jack and cheddar cheese. 6.55

### HEART SMART OMELET

'Better For You' egg whites filled with fresh baby spinach, diced tomatoes, mushrooms, bell peppers and onions & melted low-fat mozzarella cheese. 5.50

**BETTER FOR YOU**



### VEGGIE OMELET

Three Grade 'A' fresh eggs with sautéed diced tomatoes, green peppers, onions & American Cheese. 4.85

Now Serving  
**SMART  
BALANCE.**  
Buttery Spread



## BREAKFAST CATERING

Chappy's also serves breakfast catering. Ask a catering representative about how we can cater your next breakfast event.

**35¢**  
Substitute  
Cheese Grits  
or Hashbrowns

## NEW! FRITTATAS

Served with Wheat Toast, Butter, Jelly, and Fruit Side  
(add Bacon, Sausage, or Turkey Sausage for 1.30)



Olympian Frittata

### NEW! OLYMPIAN FRITTATA

Hand whipped fresh eggs with sautéed black olives, chopped spinach, onion, diced tomatoes pan seared and topped with crumbled feta cheese. 5.65

### NEW! BETTER FOR YOU FRITTATA **BETTER FOR YOU**

Choice of egg whites or egg beaters hand whipped with roasted red peppers, diced tomatoes, mushroom, onions & chopped baby spinach. 5.75

### NEW! ROMAN FRITTATA

Our hand whipped pan seared frittata with tender grilled chicken, roasted red peppers, Italian herbs, onions, diced tomatoes & topped with marinara sauce. 5.95

## PLATTERS

### CAPITAL CITY PLATTER

Three fresh eggs any style with biscuit & sawmill sausage gravy, *your choice* of grits or hashbrowns and *your choice* of bacon, sausage, or turkey sausage. 6.55



### NEW! THE BED & BREAKFAST

Three fresh eggs any style with grits, fresh fruit side, and a bagel with cream cheese (*choose* plain, blueberry or cinnamon raisin bagel) 6.55

### HUNGRY JACK

Three fresh eggs any style with biscuit & sawmill sausage gravy, grits and *your choice* of 3 buttermilk or blueberry pancakes. 6.75

### DOES A BODY GOOD **BETTER FOR YOU**

Three scrambled Egg Beaters or Egg Whites (*your choice*) served with good ol' southern grits, fresh fruit cup, turkey sausage links & whole wheat toast. 6.65

### BREAKFAST SAMPLER **\$**

Three fresh eggs any style with biscuit & sawmill sausage gravy, *your choice* of grits or hashbrowns and *your choice* of bacon, sausage, or turkey sausage and *your choice* of a single buttermilk or blueberry pancake. 6.95

Chappy's Deli uses only fresh, Grade 'A' Large eggs in all of our egg plates and sandwiches

But you can substitute Egg-Beaters or Egg Whites, if you choose for just 30c each egg

# BREAKFAST

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## CAKES & MORE

Served with butter, sweet syrup, and fruit jelly  
(add Bacon, Sausage, or Turkey Sausage for 1.30)

- NEW!** BUTTERMILK PANCAKES **NEW AWARD-WINNING RECIPE!**  
Three fluffy, melt-in-your-mouth buttermilk pancakes, grilled to a golden brown. 3.95



### BLUEBERRY PANCAKES

Three of our buttermilk pancakes filled with blueberries and served golden brown. 4.20

### FRENCH TOAST

Three slices of fresh baked white bread dipped in fresh eggs and grilled to a golden brown. 3.95  
(Cinnamon & powdered sugar available on request—no charge)

- NEW!** GOLDEN MALTED WAFFLE  
Experience the unique flavor of our original Golden Malted Waffle, back again. 4.30  
(Add blueberries or pecans for 35c)

## BEVERAGES

- B** FRESH BREWED COFFEE  
Regular or Decaffeinated 1.40

ROYAL CUP  
COFFEE

ORANGE JUICE 2.00

MILK 1.40

HOT CHOCOLATE 1.40

HOT TEA 1.40

WELCH'S  
Ruby Red Grapefruit, Apple Juice, Grape Juice 1.70

- NEW!** V-8 VEGETABLE JUICE 1.70

BOTTLED WATER 1.40

## SIDES

SAUSAGE PATTIES 1.30

BACON 1.30

TURKEY SAUSAGE 1.30

HAM 1.30

BISCUIT &  
SAWMILL GRAVY 1.95

SLICED  
TOMATOES 0.95

GRITS 0.95

CHEESE GRITS 1.30

BACON CHEESE  
GRITS 1.65

HASHBROWNS 1.30

HASHBROWNS  
WITH CHEESE 1.65

## SANDWICHES

- NEW!** PANINI MARGHERITA  
Two fresh scrambled eggs with low-fat mozzarella cheese, roasted red peppers, sun dried tomatoes and fresh basil served on panini grilled oven fired flatbread. 4.45

### DENVER WRAP

A Midwestern, Denver style omelet with fresh scrambled eggs, deli sliced ham, melted American cheese, sauteed peppers and onions & diced tomatoes all rolled up in a hot tortilla wrap. 4.25



### CROISSANT SANDWICH

Two fresh scrambled eggs with bacon, lettuce, tomato & American cheese on a flaky croissant. 3.95

- NEW!** BAJA CHICKEN WRAP

Fresh scrambled eggs with cheddar cheese and our Baja chicken sauce all tucked in a white tortilla wrap. 4.25

- NEW!** PHILLY EGG WRAP

Fresh scrambled eggs, grilled roast beef, sauteed green peppers and onions in a harvest mushroom sauce with American cheese and wrapped in a grilled white tortilla. 4.35

### BREAKFAST SANDWICH

Two fresh scrambled eggs with bacon, lettuce, tomato & American cheese on white toast. 3.40

(A customer favorite. Breakfast Sandwich on a Bagel 3.65)

- NEW!** PASTRAMI & FRIED EGG SANDWICH

A classic Deli twist on one of our signature sandwiches. Lean pastrami with a fried egg, mayo, mustard, slaw, and Swiss cheese served on grilled pumpemickel rye. 4.25

## EXTRAS

Fruit & Just Baked specialites  
fresh from the oven

### FRESH CUT FRUIT

A blend of fresh seasonal fruits,  
hand-cut daily. 2.25

### JUMBO MUFFINS

Flavors vary daily—while they last. 1.40

- NEW!** YOGURT PARFAIT **BETTER FOR YOU!**

All natural, low-fat vanilla yogurt layered with fresh fruit and organic honey & oats granola mix. All those live cultures you expect from yogurt plus antioxidants and whole grains. 3.39

### BAGELS

Blueberry, Plain, or Cinnamon Raisin. 1.10

Add cream cheese (Regular, Light, or Strawberry) only 75c



## Hey Kids!

We have a special menu just for you!  
Just ask your server for one.

ORDER ONLINE

www.chappysdeli.com

NEW LOWER PRICE **B** BOTTOMLESS (ONE-IN-ONLY) **NEW!** NEW ITEMS